



HOW TO GET BETTER GRADES: STUDENT CHECKLIST

1: GET ORGANIZED

- I have a folder for each class. -OR- I have one binder with dividers for each class.
- I stop at my locker after ___ period to drop off my morning books and get afternoon books.
- I have paper, pens and pencils ready for each class.
- I have a place at home that I keep all of my school materials for quick access each day.
- _____

2: KEEP TRACK OF AND UNDERSTAND ASSIGNMENTS

- On Monday, I list each subject, in order, in my student tracker for the week.
- I keep my tracker out in class to remind me to write down my homework.
- I write "None" next to any subject that I don't have homework.
- I ask the teacher about any parts of the homework that I do not understand before I leave class.
- I make sure to put any written homework in my folder/binder to take home.
- _____

3: CREATE A ROUTINE

- I stop at my locker after school and check my tracker to make sure I take home all supplies that I need to complete my homework.
- I complete written homework, review what I learned in class, and study for any tests I have coming up EVERY day at _____(time) and _____(place).
- _____

4: KNOW HOW TO STUDY

- I know that I am a _____ (visual, kinesthetic, or auditory) learner . (SEE BACK)
- I know how to study more effectively for the type of learner that I am. (SEE BACK)
- I review material I learned in each class for 5-10 minutes during my daily study time.
- I take breaks during my study time.
- I break down large assignments into smaller tasks and deadlines.
- _____

5: GET HELP

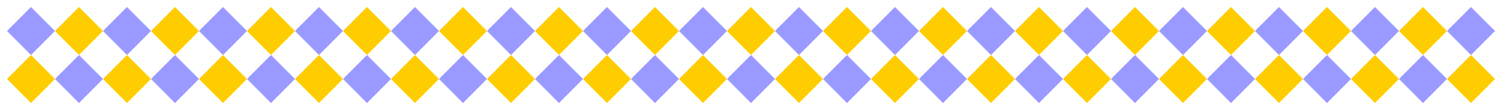
- I ask my teachers when I don't understand something or am having problems in class.
- I go to the Tutor Lab during Study Hall when I don't understand my homework that night.
- _____

6: BE IN SCHOOL

- I come to school EVERY day.
- When I'm absent, I ask each teacher what I missed and when it's due the next time I see them.
- When I am absent, I turn in work that was due the day I missed as soon as I return.
- _____

7: CHECK PROGRESS FREQUENTLY

- I check Progress Book EVERY Monday, at least, to keep track of my grades.



WHAT TYPE OF LEARNER AM I?

VISUAL?

- Do you usually read the directions before starting a project?
- Are you the one who reads the map when needed in the car?
- In class, do you sit where you can “see” the teacher?
- If someone gives you directions to a house, do you need to write them down or draw a map?

KINESTHETIC?

- Do you like to take things apart to see how they work?
- Do your hobbies include building models, working on crafts, or some other hands-on things?
- Do you have trouble sitting still because you’re very active?
- When someone tries to explain something, are you likely to say, “I’d rather figure it out myself”?

AUDITORY?

- Do you learn best when your teacher explains something to you?
- Do you find it easier to “tell” someone something than to write it down?
- Do you usually study best if you can play soft music in the background?
- Do you like to have someone quiz you out loud before a test?

HOW TO STUDY FOR YOUR LEARNING STYLE

VISUAL

- You learn best by seeing/imagining. Studying is easier if you concentrate on how things look.
- In class, look at your teachers when they talk.
- Organize your assignments by writing them down, make checklists, put sticky notes on books that you need to take home.
- Use color-coding. Buy a different color notebook/folder for each class.
- Make flash cards to use when studying.
- Pay special attention to pictures when reading so you can “see” it come test time.

KINESTHETIC

- You learn best by doing. Remember things is easier if you use your body or sense of touch.
- Move around while you study, stand up when reading, walk around while you practice math, etc.
- When you have to sit still, give your hands something to fiddle with.
- Physically organize homework into piles. Put the most important things on top.
- Use objects to understand concepts or topics. For example, experiment with magnets if you’re learning about magnetism.

AUDITORY

- You learn best by hearing and remember things you hear the most.
- Use songs or poems to remember facts for tests.
- Use books on tape.
- To memorize facts for tests, say them out loud. Tell your parents what you learned.
- “Write” your first draft of your papers by saying it into a tape recorder. Then listen to it & rewrite.
- Ask your teachers if you can bring a small tape recorder to class. Listen to lectures again at home.