



THE OFFICIAL HEALTH CARE PARTNER OF THE
CLEVELAND BROWNS

START YOUR 2019 SEASON WITH A **FREE SPORTS PHYSICAL**



SATURDAY, JUNE 8 AND SATURDAY, JUNE 15
9 A.M. - 4:30 P.M. | AGES 12 – 18

The experts at UH Sports Medicine and UH Rainbow Babies & Children's Hospital are as committed -- on and off the field -- to our scholastic athletes as we are to our professional athletes.

These free sports physicals provide athletes with a multifaceted exam that includes vision, musculoskeletal and cardiac risk assessment screenings. If further information is needed for clearance, an appointment can be scheduled on-site. Please remember to bring your insurance card. This exam enables the athlete to participate in scholastic sports as required by the Ohio High School Athletic Association. It does not replace the annual well check-up with a pediatrician.

Take advantage of the extended office hours during Teen Health Month in May to schedule a comprehensive physical exam with your UH Rainbow pediatrician. Your pediatric practice is your child's medical home - where your child is known best and holistic care can be provided to optimize their physical, emotional and developmental needs. Call **216-UH4-KIDS** or go to **UHRainbow.org/Pediatrics** to make your appointment today. Please note: If your child has had a comprehensive exam within the past 12 months, your pediatrician can sign all sports forms.

UH Ahuja Medical Center
3999 Richmond Road
Kathy Risman Pavilion, Suite 210
Beachwood, Ohio 44122
[Click here to schedule](#)
Saturday, June 15

UH St. John Medical Center
29000 Center Ridge Road
Westlake, OH 44145
[Click here to schedule](#)
Saturday, June 8

**UH Sheffield Health Center/
Center for Orthopedics***
5001 Transportation Drive
Sheffield Village, Ohio 44054
*1: p.m. – 5: p.m. check in times
[Click here to schedule](#)
Friday, June 7

WHAT TO DO:

Go to your school's website and download the 2019-2020 Ohio High School Athletic Association (OHSAA) Preparticipation Physical Evaluation Consent form.

Please print, complete and have a parent or guardian sign the physical evaluation form. Parents/guardians may also bring the form with them to the physical. You must also bring any relevant medical records.

RSVP by Thursday, June 6, 2019. Space is limited.

Questions? Email:

SportsMedicinePhysicals@UHhospitals.org