



Nordonia High School

Guide to Extra-Curricular Activities and School Information

2022-2023 School Year

WELCOME!

Dear Nordonia Students,

As I look over this guide, I pause to reflect upon my own high school experience. One of the most important thoughts to keep in mind as you plan each year of your high school career is that the more you stretch yourself, the more challenging and rewarding your high school years will be.

Recognize that your experience at Nordonia High School can consist of much more than academics. I want to encourage you to take part in our extra-curricular and co-curricular activities. Being involved with athletic teams, the band or theater will enhance you as a person. It will also provide you with opportunities to work with different personalities, diverse groups of people and to pursue the attainment of a common goal. Such experiences can be the most rewarding experiences that you may have in your lifetime.

Sincerely,

Casey G. Wright, Principal

Alma Mater

*Dear Nordonia, Hail to thee
Memories so dear will be.
Green and white will symbolize
Dreams that we realize.*

*Looking backwards singing,
While our hearts are ringing
To our dear Nordonia High,
Our Alma Mater.*



NHS Support Services

School Counselors

9th Grade	Laura Zinke
10th Grade	Nicole Seward
11th Grade	Staci Ross
12th Grade	Courtney Wenzel

The various school counseling services are designed to assist the individual student to make the most of his/her own abilities and opportunities while at NHS. The counselors value the opportunity to help each student and at all times maintain an “open-door” policy. When students request an appointment, it will be scheduled as soon as possible. School counseling services are many and varied and include, but are not limited to the following:

- Course selection and scheduling issues/changes
- Checking, monitoring, and coordinating graduation requirements
- Managing the tests and results required for graduation
- Post-high school planning including processing college and scholarship applications, managing transcripts, and many other post-high school planning activities
- Set-up and management of special evening events: Financial Aid/College Application, CCP, Junior Future Planning, Academic Awards, Senior Scholarship, Freshman Scheduling, College Night, etc.
- Counseling students regarding issues with academic progress, personal issues, and social/emotional
- Working with students to establish a plan for college/career readiness
- Create and maintain graduation plans for all students annually
- Student transitions - entering 9th grade and exiting 12th grade
- CVCC (Cuyahoga Valley Career Center) exploration, planning, selection, and placement

Student Wellness Coordinator (Zachary Miley, MSW, LSW, OCPC)

- Coordinates substance (alcohol, nicotine, tobacco, and other drugs) use and misuse and mental health prevention and intervention programming throughout the district.
- Programs include student support groups, nicotine education and cessation classes, insight classes, anger management and peer mediation.
- Works with students and families on an individual basis and networks with community agencies and school professionals.

Class Officer Election (Spring—10-12th grade, following Fall—9th grade)

- Nomination forms are turned in to the class advisor per class.
- Student must have a 2.5 average or above
- Recommendation from teacher required
- Elections take place at a class meeting

Class Advisors

Freshman Class Advisor	DeVon Sanders
Sophomores Class Advisor	Hope Walton
Juniors Class Advisor	Heather Eckenrode
Seniors Class Advisor	Cynthia Spellman and Matt Spellman

School Bookstore

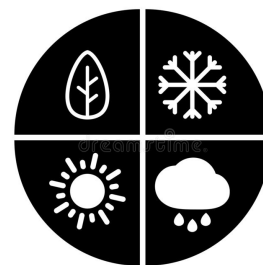
Located in the west hall near the cafeteria—offers supplies of paperbacks, notebooks, pens, pencils, and other school supplies. Open every day during lunch periods and periodically before school.

The IMC = Instructional Media Center *Open 7:00 a.m.-2:45 p.m.*

ONLINE RESOURCES

We offer many online resources for you including our INFOhio databases and at least fifteen other research databases for projects. They can be accessed at school as well as at home. Remember that using Google is not the best way to find the most reliable and current information when it comes to research and academics! Find the IMC Research Portal information under the Students tab on Nordoniaschools.org website. See or email Ms. Wojtecki for any research assistance.

Annual Traditions



Freshman/New Student Orientation

Don't miss this opportunity to come to the high school, get information about the school year, walk your schedule and practice your locker combination before school starts!

Welcome Back Activities Fair

All students and their families are encouraged to stop by our annual Activities Fair, usually the same night at Freshman/New Student Orientation where all of our clubs, academic extracurriculars, athletics, and parent organizations are on display with information and sign-ups. This is a great night to find your school home! Spirit items, music, and food trucks are also part of the event.

Freshmen First Day

To provide a seamless transition to high school, the first day of school is just for Freshmen! We cover all the basics: the handbook and how-to's, locations of important places and people, and where to access resources students need now or in the future. Plus, there's plenty of opportunities for connections and reflections through fun activities planned throughout the day to provide you with a positive, first day experience!

Homecoming

Held in September/October and is sponsored by the Student Council. Spirit week dress up is held daily at school leading up to the event. Alumni are celebrated at the football game Friday night and the Homecoming Court – nominated and voted on by each class—is introduced, and the Homecoming Queen and King are announced. Dance Saturday night. Usually Homecoming corresponds with Safe Decisions Week, which is a fun filled week of activities sponsored by State Farm Insurance Company.

Halloween

Dressing up for Halloween is a fun tradition at Nordon High School.

Unity Week

A week long focus on accepting and supporting each other as Knights!

Veterans' Day

On Veterans' Day, we invite veterans from our community to the high school to celebrate them, to remember those we lost and to thank them all for their service to our country.

Winter Arts Festival

A community celebration of the arts, featuring music concerts and art by students grades K-12, community organization sponsored activities and the PTSA's Breakfast with Santa.

Winter Formal

This dance is held late winter or early spring and is sponsored by the Junior class. Proceeds go to their prom.

Prom Fair

Check out the year's latest fashion as our Senior class puts on a fabulous fashion show to raise money for After Prom

Spirit Week

This Student Council sponsored event is held in January or February, and asks "Which class has the most spirit?" We also collect food for the Emergency Assistance Center. Each day has a theme and there are daily lunch activities to compete in. A pep assembly features a class lip sync contest. The week culminates with the announcement of the most spirited class.

Spring Musical

Nordonia Drama's mainstage musical production occurs every spring, usually in April. It takes the combined dedication of over 100 high school students to pull together the show using the hard work of our onstage actors, and behind the scenes crews, technicians and musicians. The spring production is also a participating production with the Dazzle Awards through Playhouse Square each year!

Pi Day

Pi is the symbol for the ratio of the circumference of a circle to its diameter. Pi Day is celebrated by math enthusiasts around the world, and at Nordonia High School, on March 14th.

DNA Day

Help us CELL-abrate Science with guest speakers and parent visitors at our annual DNA Day.

Physics Day

Physics students go to Cedar Point to study the scientific principles of roller coasters.

Junior Senior Field Day

We have a blast at this old school classic match up where Juniors and Seniors compete in over 16 different events to determine who claims the trophy! A special lunch is provided by PTSA and parents are welcome to attend. It is a super display of athleticism and FUN as Seniors pass the torch to the Junior class!

Prom and After-Prom

Prom is a dinner-dance for Seniors and their guests held in May at a place chosen by the Senior Class Officers. After the dance, seniors and their guests are invited to the high school for After-Prom games, food, and fun sponsored by the After-Prom committee.

Senior Cook-Out

A cook out and final farewell for graduating seniors. You did it!

Clubs

Art Club

Is there a Van Gogh at your house?

Enrich yourself in the visual arts! Open studio time for students to work on their own projects with teacher input. Projects decided by group, field trips to galleries/museums. Students meet Fridays after school until 3:30 pm 1-2 times a month. Starts in October.

Black Student Union (BSU)

Embrace diversity!

This student run organization connects the black and brown students of Nordonia with each other through engaging activities while providing a welcoming environment for all Nordonia students to learn more about black and brown cultures.

B.U.D.S.

Reach out to others!

BUDS stands for Building an Understanding of Differences through Social interaction. This group plans and participates in activities with students who have special needs to encourage social interaction, develop self-confidence, and foster friendships. Some past activities have been game night, dinner and a movie, Halloween party, attending HS sporting events, dances, picnics, and more!

Computer Club

A “Bit” of everything to do with computers

Do you like computers? Are you looking for like-minded people? Then Computer Club is for you! Join us for monthly meetings where we discuss, explore and share the newest computer ideas, gadgets and software.

Drama

Everyone's a little bit *dramatic!*

Open to all NHS students. Meetings are held each fall at the start of school, typically on Tuesdays. Nordonia Drama produces the fall play and the spring musical, as well as our summer camps, which are run by our current Drama students and alumni. In addition to the onstage roles in our productions, Drama offers a variety of other areas for students to participate, including hair and make-up, costumes, backstage and set construction, pit orchestra and tech. www.nordoniadrama.com
Instagram: [nordoniadrama](https://www.instagram.com/nordoniadrama), Twitter: [@NHS_Drama](https://twitter.com/NHS_Drama)

Drama, International Thespians

Cary Grant, Kathryn Hepburn, Julia Roberts, Tom Hanks; they all started somewhere!

The International Thespian Society is an honor society for students who demonstrate commitment to theater and the performing arts. Students earn membership through contributions and participation in Drama activities. Dedicated students can strive for Honor Thespian status. Inductions take place at our end of the year Drama Awards ceremony each May.

Environmental Club

Lead the scene and keep it green.

The club's goals are to create awareness of our impact on the environment, and to promote sustainability and minimize waste in everything we do. Ongoing activities include the recognition and promotion of Earth Day, the recycling and reuse of paper, plastics, batteries, and chemicals within and outside the schools, composting initiatives with community organizations, activism in evaluating alternative energy sources, and researching/debating climate change.

Girls Who Code Club

Building sisterhood and making an impact.

A safe and supportive environment of peers and role models where girls learn to see themselves as computer scientists. Club members don't just learn how to code but also cultivate strengths that will help them succeed in whatever they pursue. Come learn how your passions intersect with technology and how you can have an impact on our community.

Interact Club

Service above self.

Interact is a Rotary-sponsored service club that gives young people an opportunity to participate in fun and meaningful service projects while developing leadership skills and meeting new friends in the Nordonia community. The basic principle of the Rotary Interact is to help others. Projects will include community clean-up, planting flowers, and a variety of other projects.

KC4K: Knights Caring for Knights

Lend the hungry a helping hand.

The KC4K program is a student run organization that provides bags of food for families in need every weekend. Founded by the Bruno Family, KC4K distributes more than 50 backpacks each week, serving more than 90 students and their families. KC4K also provides snacks in district classrooms for students who may be hungry and maintains bins of food in the Northfield Elementary school lobby during the summer.

If your family is in need of assistance please contact your School Guidance Counselor. Follow Knights Caring for Knights on Twitter at @KC_4K.

Knight Readers Book Club

Take a break from textbooks and read something fun!

The Knight Readers Book Discussion Group meets regularly throughout the school year. We discuss enjoyable and unforgettable books from all types of genres. We meet after school in the IMC once per month. If you are interested in joining us please see Ms. Wojtecki, our District Librarian, in the IMC for upcoming dates and times. Even if you can only make it to one or two meetings per year-feel free to join us! Make time for pleasure reading this year and keep your schedule open for the Knight Readers Book Discussion Group!

Superintendent's Council

A Roadmap to Success

Leadership Council is made up of students wishing to be part of the school community seeking to make NHS a great place to grow & learn, but is less formal than Student Council. Students must have a 2.0 GPA and attend a leadership workshop. Meets once a month, communicates through Twitter and has a variety of sub-councils throughout the year.

Math Club

Are you a problem solver?

Nordonia High School Math Club is open to all Nordonia High School students grades 9-12 and meets twice a month after school throughout the entire school year to explore math topics, participate in math activities, and prepare for or compete in math contests. Students do not need to attend every session to be a member. Our mission is to encourage and enhance a love of math & problem solving.

Mental Health Ambassadors

There is no health without mental health!

The Mental Health Ambassadors (MHA), are a group of HS students who are passionate about reducing the stigma of mental illness and improving the mental health of their peers. Students in this

group are specially trained in recognizing signs of stress, depression, and anxiety and how to find resources and help for their peers. If you would like to join, you must fill out an application.

Mock Trial

Do you love to watch Judge Judy? You'll love mock trial!

Open to all students interested in court room drama. Students prepare to compete in a regional competition. Students are given a "mock" court case and can choose from a variety of positions to act out, such as lawyer, witness or bailiff. Students meet twice a week to prepare. Culminates with the competition in February.

National Honor Society

Promoting scholarship, service, character, and leadership.

The National Honor Society (NHS) has limited membership. Eligible candidates have a 3.700 or higher cumulative GPA, are juniors or seniors, and have been enrolled in Nordonia Hills City School District for at least one full semester. Eligible juniors and seniors are notified each fall and receive directions on how to apply. Selection of members is based on scholarship, service, character, and leadership by a faculty committee.

NHSDEIC

Committed to diversity, equity, and inclusion for all people.

This group is open to all staff and students who work to ensure that all students are able to thrive academically and socially without barriers presented by prejudice and discrimination. They work alongside our district NDEIC to promote district-wide projects in our building.

NHS City Council Club

Internships in Public Service Available!

Students in the NHS City Council Club working alongside Mayor Nick Molnar and the Macedonia City Council learning about social policy and public service. They attend City Council meetings and intern in different city departments and on various city event committees.

NST3: Nordonia Students Today, Teachers Tomorrow

Ever consider teaching?

Teachers ignite a love of learning and see an opportunity to help students further themselves by supporting their educational aspirations and emotional well beings. If this is a career you may be interested in, consider exploring this field by joining NST3! Student members will participate in activities, guest lectures and college visits for the entire school year. Anyone is welcome to join at any time!

Pep Club

One team, one mission.

This group brings the spirit to NHS. It involves the Senior skin and paint squad and encourages pep and spirit at school events.

Prom Fair

Great practice for Prom! Senior Girls and Guys!

Try out modeling the latest fashions at the Annual Prom Fair traditionally held each January at Nordonia High School. The show is open to the public and is sponsored by the After Prom Committee. There is a nominal admission charge that benefits the Senior Class and After Prom. Preparations are starting now! We are in need of underclassman parent volunteers to assist in the planning and the evening of Prom Fair to help with wardrobe changes. All parents are welcome to assist! For more information, visit the After Prom link on the high school's home page.

Robotics Club

Building a brighter future with robots.

Students will be challenged to design, build, and program robots and compete for awards, while they also create a team identity, raise funds, hone teamwork skills, and advance respect and appreciation for STEM within the local community.

ROX: Ruling Our eXperiences

Girls, diversity and the future.

ROX focuses on connection with other girls, confidence, and leadership. ROX is a place for girls to be supported by other girls, to learn to be strong and bold, and to make decisions, set goals, and plan for their futures. By invitation only.

Science Olympiad

For those who enjoy science and competition!

Students study a variety of science related topics including challenges of an academic nature, as well as building events. They compete in a series of multi-school competitions, as well as at the state and regional level. Students who compete in Science Olympiad can earn a Varsity Letter.

World Language Club

¡Vamos a divertirnos!

The Spanish Club is open to all students currently enrolled in a Spanish course. The Spanish Club provides the opportunity for students to experience Spanish culture, including music, food, dance, and movies once a month. Activities will be announced in Spanish class and over announcements. Activities may include la Tomatina, Día de los Muertos, dinner at a Mexican restaurant, salsa dancing, etc... Come join the club!

Teen Dating Violence Prevention Ambassadors: The Date Knights

Love is respect.

These 9-12th high school students are trained using the curriculum from the Akron Children's Hospital and its School Health Service Department in crisis intervention and to act as resources for the student population in teen dating violence prevention. They are able to answer questions about the program and to guide students to other resources within the community. They plan events that inform the student body about healthy and unhealthy dating patterns. They are selected based on their leadership and communication skills. You must fill out an application form.

Varsity Club

Leadership is not a state of mind, but a way of life.

Students who have lettered on a Nordonia team will receive an invitation to apply. This is an opportunity for these students to further develop their leadership skills by learning from local leaders, volunteering, and leading their own major event.

YouLead

Empowering students to become allies, advocates & agents of change.

The Diversity Center of Northeast Ohio student programs promote understanding, respect, and inclusion through facilitated conversations, simulations, and hands-on activities. Grounded in Social and Emotional Learning, these series of workshops promote the development of self and social awareness, relationship skills, and self-management, and responsible decision making, and action. Throughout their participation in this series, YouLEAD participants are empowered with the awareness, knowledge and skills needed to be leaders in today's ever growing, diverse, and changing environments.

Youth 2 Youth (Y2Y)

Lead, Inspire, Live Well.

Enrollment is open to all NHS students. So all the fancy words and stuff aside, we're a leadership club that makes good decisions and encourages our friends to make good decisions with us. Good decisions about what, you ask? Anything that makes us healthier and happier! Taking care of ourselves by not using alcohol, tobacco, or other drugs, taking care of our mental health, and avoiding other risky decisions while spending time with other people that support the way we choose to live. Most importantly, though, we have fun, and a lot of it! Pretty much everything we do starts and ends with fun with some food in between. Meetings will start in September. Check out our website: www.nordoniay2y.com

Academic Extracurriculars

Band, Concert & Wind Ensemble

Band is a year long class that includes Marching Band (listed below) as well as either Concert Band or Wind Ensemble based on individual student auditions in October. Students study the most current and classic band literature. Bands participate in Ohio Music Education Association sponsored contests as well as perform at several local concerts throughout the year.

Band, Jazz

If you love music and “All That Jazz” this is the group for you!

The group studies the best jazz music. Solo improvisation is explored. Meets after the school day ends. Membership is by audition only. Members must have full membership in the regular Band program.

Band, Marching

Be a member of the Nordonia Marching Band!

The students meet in July to begin practice for the fall football and competition seasons. Members must be established instrument players. The marching band competes in OMEA sponsored band competitions as well as at least one Bands of America Regional or Finals each year. Must have the recommendation of the middle school band director. New students must audition with directors for permission to join the band.

Band, Color Guard

Wave that flag!

Color Guard provides a colorful addition to the marching band. The group performs with the band using colored flags and dance movement. All color guard members must be either signed up for the year long band class if they play an instrument or be registered in the Colorguard class for the first semester.

Choir (Symphonic Chorale, Bel Canto & Vox Fortis)

Do you sing like a (K)nightingale?

Open to students who wish to perform choral literature of all styles. Our choirs perform four concerts each year, participate in OMEA Contests and tour to places such as New York City. Bel Canto is for treble (higher) voices and Vox Fortis is for tenor/bass (lower) voices. Symphonic Chorale is for mixed voices. Membership for Bel Canto & Vox Fortis are both Non-Audition. Simply sign up on your schedule and you are in! Membership in Symphonic Chorale is based upon auditions which are held in the spring of each year. Learn more at www.nordoniachoirs.com

Choir (A Cappella Groups)

Nordonia’s answer to “Fame”!

Synergy & Momentum are our a capella groups. They sing pop & jazz songs without musical instrumentation. They perform in school related, community and contest performances. These groups meet outside of school for credit. Membership in these groups are by audition. Students in these groups are also enrolled in one of the choirs during the school day as outlined above under "Choir". These groups take numerous trips throughout the school year and host an a cappella festival each year with professional musicians that come as far away as Los Angeles to work with them. Learn more at www.nordoniachoirs.com.

Kaleidoscope Partnership

Media Production

Do you want to learn how to make videos for YouTube and Social Media?

Open to students grades 9-12. Learn how to plan, shoot, edit and post video productions. From idea to final creation, you will learn how to record video and sound, and how to put it all together into a final product that can be shared with the world.

Office Aides

Above and beyond the call of duty.

Students assist the high school administrative offices by taking passes, completing small projects and running errands. Want to be an office aide? Keep those grades up! To qualify, your grades must not be below a "C".

Student Council

Future Leaders of America lead onward!

Students must apply when scheduling typically in February; information is in your scheduling meetings. Must have a 2.5 GPA and be evaluated and interviewed by faculty. Students plan Homecoming activities, organize and run Spirit Week and plan and organize fundraisers and good will events for the school and community. Meet daily during 4th period class size limited.

Yearbook

Help make your memories last forever!

Yearbook is open to students in grades 9-12. Keyboarding skill and experience with Google Docs or Word and Google Sheets or Excel are preferred but not required. Students should have at minimum a "B" average in their English class. To be selected, students must complete the Yearbook Staff Application and project. Students create and market **The Nordonian**, the high school yearbook, using desktop design programs, digital cameras and Photoshop. In addition, students are required to sell advertisements to local businesses and must occasionally attend extra-curricular activities. Yearbook provides cameras, computers and other technology for the students to borrow.

Parent Organizations

After-Prom

Parents provide a safe, fun, "chemical free" party after the prom

A Nordonia tradition where seniors and their guests enjoy games and activities after the prom. The event runs from 12 a.m.– 3 a.m. at NHS. Parent volunteers are encouraged to assist in the planning of the event. After Prom is financed totally by donations and fundraisers. Parents decorate, help with fun games and chaperone.

Athletic Boosters

Support your athletes!

An organization whose purpose is to assist in raising funds to be used for the improvement of the athletic program and facilities of the NHCSD. The group strives to be a positive influence for the community at large and support our athletes during their school year. The group meets the 2nd Monday of each month at 7pm in the Cafeteria.

Band Aides

Band parents unite!

Band Parents come together to raise funds, chaperone, assist and organize competitions, provide snacks, take care of uniforms, fundraise for band trips and camp and help our band be awesome! Meetings are held on the 1st Monday each month. For more information, visit www.nordoniaband.org.

Choir (Nordia Choral Boosters)

Help make the music happen.

A fine arts booster club, Choral Parents plan and run fundraisers, provide care and maintenance of choir robes, provide meals/snacks and assist with performances. This group is 501c3 approved and meets on an as needed basis a few times each year. Learn more at www.nordoniachoirs.com

Football Parents Club

Don't "pass" up the chance to support your team!

This group provides for the needs of the football team with assistance from Athletic Boosters. Members run the T-shirt Shack, concession stands, arrange team picnics, provide the team with snacks, rehydrate during summer 2-a-day practices and furnish a high-carb meal on Friday afternoons.

Nordia High School PTSA

Parents, teachers, and students work together to make NHS Great!

The PTSA works together to promote the welfare of students in home, school and the community. Our goal is to bring a closer relationship between the home and school, and to be an advocate for all students. Meetings are held the first Wednesday of each month at 7 PM in the Main Office Conference Room. Fundraisers are held to provide classroom grants, student scholarships, awards and programs for families. Learn more! Visit our website: www.nhsptsa.wordpress.com Like us on Facebook: www.facebook.com/NHSPTSA (Nordia High School PTSA) and follow us on Twitter: [@NHS_PTSA](https://twitter.com/NHS_PTSA)

Prom Fair

HS Athletics

ATHLETIC OFFICE

330.908.6000

All student athletes must meet eligibility requirements set forth by the State of Ohio and adhere to the Nardonia H.S. Code of Conduct. Questions regarding rules and policies can be found in the Athletic Handbook. Athletic Contests are also held during Winter and Spring breaks and students are expected to be there. Fundraising for athletics is done through Athletic Boosters Club.

Fall Sports

Cheerleading	F,JV,V	Tana Sinarski	Try-outs in Spring. Teams practice in summer and after school for football and basketball squads. May attend cheering competitions. Squad attends all games for their sport.
Cross Country	Coed	Sean Sandvick	Practices start in August. Team practices 6 am and after school. Season runs August thru October.
Football	F,JV,V	Jeff Fox	Practices officially start in August but off season conditioning begins in January. Team has football camp in July. Season runs Aug. through Nov. JV games are played on Sat. Ninth grade plays Thurs. and Sat.
Golf - Boys	JV,V	Scott Lawrence	Students attend summer golf league. Tryouts and practices start in August. Season runs from August to mid October.
Golf - Girls	JV,V	Greg Harris	Play 3-4 times per week. Tryouts and practices Start in early Aug. Season runs Aug.-Oct.
Soccer - Boys	JV,V	Kal Toth	Practices start in Aug, AM and PM. After school practice once school begins. Season runs Aug.- Nov. There will be some Sat. games. JV and Varsity travel together 2 games/wk.
Soccer -Girls	JV,V	Les Gicei	Practices start in Aug. AM and PM. After school practice once school begins. Season runs Aug.-Nov. There will be some Sat. games. JV & Varsity travel together 2 games/wk.
Tennis - Girls	JV,V	Ryan Vehar	Practices begin in Aug. Matches and practice after school once school begins. Season runs Aug. thru beginning of Oct. When Varsity is home, JV is away.
Volleyball - Girls	F,JV,V	Tim Vasko	Tryouts first full week of Aug. Season runs Aug. to the beginning of Oct. V, JV, Fr usually play consecutively, Saturday Tournaments.

Winter Sports

Basketball - Boys	F,JV,V	Dominique Sanders	Conditioning starts in Oct. Season runs Dec.- Feb; afternoon & evening practices. May go to summer camp & play summer League. Game days: Freshman- Tues. & Thurs.; JV- Tues. & Fri.; Varsity - Tues. & Fri. JV & Varsity usually travel together.
Basketball- Girls	F,JV,V	Julie Buckler	Practices start in Oct. Season runs Nov.-Feb; AM & PM practices. May go to summer camp & play summer league. Game days: Fr- Tues & Thurs; JV/V- Wed & Sat. JV/V usually travel together.
Bowling - Boys Bowling - Girls	V V	Ty Lachowsky	Tryouts in the beginning of Nov. Weekly practices held Mon. & Thurs. PM at Northwoods Lanes 4-6 PM. League matches weekday PM, Sat. tournaments. Season runs Nov.- Feb.
Cheerleading	F, JV, V	Brenda Basch	Tryouts in Spring. Teams practice in summer & after school. May attend cheering competitions. Squad attends all games for their sport.
Gymnastics	V	Maggie Benedetti	Practice officially starts in Nov. Practices held at Gym World in Twinsburg. Meets are week nights and weekends depending on gym availability.
Hockey	V	Rich Cinalli	Practice officially starts in Nov. Conditioning program begins in Sept. with skating at Gilmour HS & lifting at NHS. Games run Nov.-Feb.
Swimming Diving	V	Glenn Yorkievitz Andy Pohlmeier	Official season starts in Nov. Practice every day 3:30-5:30 PM Macedonia Rec. Center. Season runs Dec.- Feb. 1-2 meets/week.
Wrestling	JV,V	Jason Walters	Official practice starts in Nov. Practices are after school. Season runs Dec.- early Feb. Meets usually are scheduled for Thurs., Fri. & Sat.
<u>Spring Sports</u>			
Baseball - Boys	F,JV,V	Drew Hoisington	Conditioning starts in Dec. Tryouts/practices start in March. Practices held before/after school. Practice begins Feb. Season runs late March-May.
Softball - Girls	JV,V	Marissa Rizzo	Conditioning begins in Jan. First practice starts end of Feb. Season runs late March-May.

Tennis - Boys	JV,V	Ryan Vehar	Practices begin in March after school. Season runs late March-May.
Track - Coed	JV,V	Sean Sandvick	Official practices start in March after school. Season runs late March-beg. of June.

FAQ: Who, What, Where and How?

Who?

Who do I see if there's a problem with my schedule?	Your School Counselor
Who do I see if my locker won't open?	The Front Office staff
Who do I see for report card questions?	Your classroom teacher
Who will help me if I need extra classroom help?	Teachers are available every period of the day to assist when you need academic support. You can find a copy of the schedule with your School Counselor in the Support Services Office, and in every classroom.

What?

What if I don't feel well or I get injured?	Obtain a pass from your teacher and report to the Health Clinic.
What is an IMC?	It's our Library (Instructional Media Center)
What if I can't find my classes?	You will be given a map and be able to tour the building, but don't be afraid to ask for help.
What if I miss a day of class?	See specific attendance procedures in the Student Handbook.

Where?

Where do I sign out for a doctor's appointment?	See the attendance secretary in the Front Office for a pass. For a more detailed explanation check the Student Handbook.
Where do I buy football tickets?	In the cafe during lunch periods on Fridays.

How?

How can I keep track of my grades?	Check grades daily through Progress Book online. The link to https://parentaccess.neonetda.org is provided on the district website. You can obtain your password online using "forgot password".
How do I call attendance to report being off school?	Please have your parent/guardian call the attendance line by 9:00 AM. It is available 24 hours per day. (330) 908-6160
How often do we have finals?	Finals are taken at the end of the first and second semesters. We have abbreviated class schedules that week. Watch for more details next year!
How do I know what's going on at school?	Listen to announcements, check the district website and read the newsletters published online monthly. Get involved with the PTSA! Check out their website for more information: http://nhsptsa.wordpress.com/

Important Phone Numbers



Mr. Casey Wright, Principal	330.908.6016
Ms. Eszti Pigniczky, Admin. Asst.	330.908.6012
Ms. Jessica Archer, Associate Principal (9-12) A-I	330.908.6014
Mr. Anthony Buckler, Associate Principal (9-12) J-R	330.908.6015
Mr. Jeff Fox, Dean of Students (9-12) S-Z	330.908.6067
Support Services	330.468.4603
Ms. Laura Zinke, Freshman Counselor	330.908.6024
Attendance Office	330.468.4601
Mr. Rob Eckenrode, Athletic Director	
Mrs. Sally Krempasky, Admin. Asst.	330.908.6000
Fax: Main Office	330.468.1359
Support Services Office	330.908.6038
Mr. Zach Miley, Student Wellness Coordinator	330.908.6171
Health Clinic	330.908.6004
Safe School Hotline	330.908.6166

A special thank you to the many who have contributed to this document. Every effort was made to contact every group in Nordonia High School. While the contents were accurate at the time of printing, changes are constantly being made. The document may not be all-inclusive. Please visit the school website for up to the minute information.