

# Daily Learning Planner

Ideas families can use to help children  
prepare for school

Nordonia Hills City School District  
Title I Program



THE  
**PARENT**  
INSTITUTE®

## November 2021

### Daily Learning Planner: Ideas Families Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- 1. Keep track of the moon's phases for a month. Your child can draw the moon's shape on the calendar each night.
- 2. Teach your child about uppercase and lowercase letters. Demonstrate how each letter can be written in different ways.
- 3. Look outside together at least three times and describe the weather with words such as *sunny*, *cloudy* or *rainy*.
- 4. Help your child make a collage from odds and ends around the house, such as ribbons, string, buttons, etc.
- 5. Work on balance today. Have your child walk backward, then stand on one foot, and then walk in a straight line.
- 6. Have a TV- and video-free evening. Listen to music together instead.
- 7. Help your child act out a scene from a story that is familiar to her.
- 8. Cover an item, such as a leaf, with paper. Have your child rub the top of the paper with a crayon to make an art rubbing.
- 9. Invent a new drink with your child. Mix two kinds of juice, for example. Write down your recipe.
- 10. Strengthen eye-hand coordination by helping your child pour water or uncooked rice from one container into another.
- 11. Imitate an animal and ask your child to guess what you are.
- 12. Remove three items from your purse or pocket. Show them to your child. Put them away. Can he recall what they were?
- 13. Tell your child a story about when you were little.
- 14. Discuss things you are thankful for. Say that your child is at the top of your list.
- 15. Spend a half hour reading together today. Let your child pick the books you will read.
- 16. Talk about the difference between pets and wild animals. Ask your child if a dog makes a good pet. How about a tiger?
- 17. Make a "can-do" list of your child's accomplishments. Post the list.
- 18. Stretch a rope on the ground. Show your child how to jump over it from side to side.
- 19. At dinner, have each family member give every other person at the table a compliment.
- 20. Exercise with your child today. Try touching your toes, doing sit-ups, running in place or stretching your arms and legs.
- 21. Look for pictures that show people's expressions. Ask your child how each person feels.
- 22. Discuss the meaning of the words *today*, *yesterday* and *tomorrow* with your child.
- 23. Look around for different textures. Can your child find something hard? Soft? Bumpy?
- 24. Cut out pairs of pictures (two dogs, two houses, etc.). Paste on index cards. Place face down. Let your child flip cards and match the pairs.
- 25. Ask your child what she is thankful for today.
- 26. Sing a song with your child and clap along to the rhythm.
- 27. Make your own wrapping paper. Get a roll of white freezer paper and let your child decorate it.
- 28. Have your child rub two stones together for two minutes. Can he feel the heat generated? This is caused by friction.
- 29. Teach "concept" words, such as *warm*, *cold*, *under* and *over*.
- 30. Tell your child a story. Ask her to listen for one word, like *dog*. Tell her to clap each time she hears you say the word.