



**Akron
Children's
Hospital**
School Health Services

15 Minute Clinic Guide for Teachers

Clinic Staff: _____

Walkie/Phone Extension: _____

Students with **non-urgent symptoms** may not go to the clinic for the first 15 minutes after any passing time including: Arrival to school, changing classes (e.g. PE, Lunch, Music, Library, Learning Center, etc.), out to recess or in from recess.

*** NEVER HESITATE TO CALL 911 IF THERE IS A CONCERN ABOUT THE WELL BEING OF A STUDENT OR ADULT**

Non-urgent	
<ul style="list-style-type: none"> Stomachache (send to bathroom first; a 5 minute "sit" cures many of these) Lost tooth or minor tooth ache Minor injuries including scrapes and bumps (clean and apply Band-Aid in class) Splinters (wash and apply Band-Aid) Other (to be determined by District RN): 	<ul style="list-style-type: none"> Cold symptoms/runny nose Mild headache or dizziness (rest, water) Feels hot after being active (rest, water, remove extra layers of clothes) Anxiety/stress
Do Not Delay Visit to Clinic	
<ul style="list-style-type: none"> Asthma symptoms, breathing difficulties Possible allergic reaction of exposure; insect bite/sting Any serious illness, injury or bleeding Vomiting Reports vague symptoms of illness Dizziness or headache following a recent head injury (send accompanied by an adult) Known health factor that may cause symptoms being experienced 	<ul style="list-style-type: none"> Dirty wound Injury to eye; object lodged in any body part Blow to the head An injury with swelling and bruising Nosebleeds

Clinic Staff:

Walkie/Phone Extension:

<ul style="list-style-type: none">• NEVER SEND A STUDENT WITH DIABETES WHO DOESN'T FEEL WELL ALONE TO THE CLINIC (send accompanied by an adult or call the clinic staff to come to the classroom)• Other (to be determined by District RN):	
Requires Nursing Services Consultation if in the building; if not, call 911*	
<ul style="list-style-type: none">• Fainting (lay on floor, elevate feet 10")	<ul style="list-style-type: none">• Seizures
<ul style="list-style-type: none">• Painful limb injuries that may be sprain or break	<ul style="list-style-type: none">• Emergency first aid needs or moving may injure student

Clinic Staff:

Walkie/Phone Extension:



**Akron
Children's
Hospital**

POLICY TITLE

Health Guidelines for School Attendance

POLICY #	VERSION	CATEGORY (Select 1)	SUB-CATEGORY (Fill-in all selections)
11293	2	<input type="checkbox"/> Organizational	Clinical
KEY WORDS Click here to enter text.		<input type="checkbox"/> Divisional	Non-Hospital Based Services
		<input checked="" type="checkbox"/> Departmental	School Health Services
CURRENT EFFECTIVE DATE: 7/24/2023 LAST APPROVAL DATE: 6/1/2020 ORIGINAL DATE: 6/1/2014		THIS POLICY REPLACES: Click here to enter text.	
APPLICABILITY: Choose an item.			
<input checked="" type="checkbox"/> Akron Children's Hospital & Affiliates			
<input type="checkbox"/> ACH Foundation			
<input type="checkbox"/> Akron Children's Health Collaborative (ACHC)			
<input type="checkbox"/> Child Dimensions Insurance Company			
Contact Person/Position: Michele Wilmoth/Director		Pages: 4	
SPECIAL REVIEW		ADMINISTRATIVE REVIEW	
<input type="checkbox"/> Environment of Care/Safety	<input type="checkbox"/> Medical Staff	<input type="checkbox"/> Administrative Staff	
<input type="checkbox"/> Health Information Management	<input type="checkbox"/> Nursing Guidelines	<input type="checkbox"/> ACH Board of Directors	
<input type="checkbox"/> Human Resources	<input type="checkbox"/> Patient Services	<input type="checkbox"/> ACHC Board of Directors	
<input type="checkbox"/> Infection Control	<input type="checkbox"/> Pharmacy & Therapeutics	<input type="checkbox"/> Interdisciplinary Care Committee	
<input type="checkbox"/> Information Services	<input type="checkbox"/> Radiology	<input type="checkbox"/> Medical Staff Executive Committee	
<input type="checkbox"/> Laboratory/Pathology	<input type="checkbox"/> Click here to enter text.	<input type="checkbox"/> Click here to enter text.	


REFERENCES AND ACCREDITATION STANDARDS:

Aronson, S.S. & Shope, T.R. (2017). *Managing Infectious Diseases in Child Care and Schools: A Quick Reference Guide*. 3rd Ed. American Academy of Pediatrics.

Preschool Program Licensing Rules. (2019, July 3). <http://education.ohio.gov/getattachment/Topics/Early-Learning/Preschool-Licensing/PreschoolProgramRules.pdf.aspx>

Jakubowski, T. L., Perron, T. J., & Teixeira, E. (2015). Rashes in school can they stay, or should they go? *NASN School Nurse*, 30(5), 275-282. <http://dx.doi.org/10.1177/1942602X15596815>

Ohio Department of Health. (2023). Coronavirus (COVID-19). <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home>

<p>APPROVAL</p>  <p>Michele Wilmoth</p> <p>Director, School Health Services</p>	<p>APPROVAL</p> <p>Click here to enter text.</p> <p>Medical Director, School Health Services</p>
<p>APPROVAL</p> <p>Click here to enter text.</p> <p>Click here to enter Title of Authorized Representative</p>	<p>Refer to Attachment A – Required Signatures for Policy Approval.</p>

Original signature on file in School Health Services

PURPOSE: The purpose of this policy is to explain health guidelines for school attendance for the School Health Services Department.

SCOPE/RESPONSIBILITY (if applicable):

POLICY: It is the responsibility of the School Health Services staff to make recommendation in conjunction with school district policy on student dismissal and return to school related to illness. School Health clinic staff will consult with the District RN as needed for guidance on any student health issue. Health guidelines for school attendance are supported by evidence-based practices and in accordance with Ohio Department of Health, the American Academy of Pediatrics, and Ohio Department of Education Preschool Licensing Rules.

PROCEDURE:

Definitions and Policy Guidelines:

1. General Recommendation for Student Exclusions:

- a. Symptoms preventing participation in school activities and requires a need for care that is greater than clinic staff can provide without compromising health and safety of others. Examples include:
 - i. Excessive tiredness, pale, difficult to wake, confused or irritable, lack of appetite.
 - ii. Productive coughing, sneezing.

- iii. Continuous coughing.
 - iv. Headache, body aches, earache.
 - v. Sore throat
 - b. Positive Coronavirus/Covid19 test results
 - c. Fever 100 degrees or higher within last 24 hours
 - d. Abdominal pain that continues for more than 2 hours or intermittent pain associated with fever or other signs or symptoms.
 - e. Mouth sores that are weeping and/or drooling that the child cannot control unless the child's healthcare provider states that child is not contagious.
 - f. Vomiting 2 or more times in the last 24 hours, unless vomiting is determined to be caused by a non-communicable condition and the student is able to remain hydrated and participate in school activities.
 - g. Diarrhea- Two or more stools above normal for student. Medical evaluation required for stools with blood or mucus. School re-entry after diarrhea can occur when the following conditions are met:
 - i. Diapered children must have their stool contained by the diaper, even if the stool remains loose.
 - ii. Toilet trained children do not have toileting accidents.
 - h. Strep throat.
 - i. Scabies or other parasite infections.
 - j. Lice. Check with your school district lice policy.
 - k. Purulent drainage from the eye(s) does not improve when any discharge that is present is wiped from the eye(s). If the child complains of eye pain with redness, child should see healthcare provider.
 - l. Rash WITH FEVER.
 - m. Untreated infected skin patches that have weeping fluid. PRESCHOOL requires exclusion of untreated infected skin patches if unable to be covered.
2. **Conditions that DO NOT require a student exclusion to control spread of disease to others:**
- a. Rash without fever, without behavioral changes and does not fit the description of communicable diseases on the ODH Communicable Diseases Chart that require exclusion.
 - b. Common colds, runny noses (regardless of color or consistency of nasal discharge) and coughs.
 - c. Yellow, white, or watery eye discharge without fever, eye pain, or eyelid redness.
 - d. Pink or red conjunctiva (white of the eyes) with or without drainage. As noted above, if drainage is wiped away and symptoms do not improve, child should be seen by a healthcare provider.
 - e. Ringworm (exclusion for treatment may be delayed until end of school day). Cover with bandage.
 - f. Thrush.
 - g. Cytomegalovirus infection.
 - h. Chronic Hepatitis B Infection.
 - i. HIV infection.
3. **Situations that require student medical attention RIGHT AWAY:**
- a. If you believe the child's life is at risk.
 - b. Child is acting strangely, is less alert, or is more withdrawn than usual.
 - c. Rapidly spreading red or purple rash, bruising or small blood spots under the skin.
 - d. Severe coughing that causes the child to turn red or blue.
 - e. Difficulty breathing, is having an asthma exacerbation, or is unable to speak.
 - f. Skin of lips look blue, purple or gray.
 - g. Yellow skin or eyes.
 - h. Rhythmic jerking of arm and legs and loss on consciousness (Seizure).
 - i. Less and less responsive, unconscious.
 - j. After head injury: decrease in level of alertness, confusion, headache, vomiting, irritability, or difficulty walking.
 - k. Increasing or severe pain anywhere.

- l. Cut or burn that is large, deep, and/or won't stop bleeding or hold together after it is cleaned.
 - m. Vomiting blood.
 - n. Large volume of blood in stool.
 - o. Severe vomiting or diarrhea.
 - p. Severe stiff neck, headache, and fever.
 - q. Significantly dehydrated: sunken eyes, lethargic, not making tears, not urinating.
 - r. Multiple children affected by injury or serious illness at the same time.
 - s. Hot or cold weather injuries, such as frostbite, heat exhaustion.
 - t. When in doubt, call EMS (9-1-1) and remember to contact the student's legal guardian.
- 4. Return to school:**
- a. Coronavirus/Covid19 – tested positive – return to school according to current Ohio Department of Health guidance
 - b. Fever with NO other symptom
 - i. No fever for 24 hours without the use of fever reducing medication (acetaminophen/ibuprophen)
 - ii. Recommend return to school note from healthcare provider of clearance
 - c. Bloody diarrhea and diarrhea caused by a communicable disease (Shigella, Salmonella Yersinia, Clostridium Difficile, Cryptosporidium, Campylobacter, E. Coli, Rotavirus/Norovirus, and Giardia Intestinalis)
 - i. Return to school note from healthcare provider of clearance
 - d. Strep throat or other bacterial infections
 - i. 24 hours after first dose of antibiotics.
 - ii. Recommend return to school note from healthcare provider of clearance
 - e. Scabies or other parasite infections.
 - i. After treatment as prescribed by healthcare provider
 - ii. Return to school note from healthcare provider of clearance
 - f. Lice
 - i. Per district policy (no nits vs. no live)
 - ii. Must treat for live lice and continue combing hair daily for one week
 - g. Rash WITH FEVER.
 - i. No fever for 24 hours without using fever reducing medication (acetaminophen/ibuprofen)
 - ii. Return to school note from healthcare provider of clearance
 - h. Untreated infected skin patches that have weeping fluid.
 - i. Return to school note from healthcare provider of clearance
- 5. Clinic Space**
- a. Each school must designate a space within the clinic to be used for student who become ill.
 - b. Ill person may be offered a mask to wear until picked up
 - c. Space must be able to be easily cleaned
 - d. Maintain social distance of 3 feet to the best of your ability with any illness.
 - e. Wipe high touch surfaces off after each student clinic visit.